

24th September 2026



This week:

- Year 6 welcomed **Lee Walker and Chris Sim, Principal and Deputy Principal of Stowupland High School**, who spoke to pupils about the transition to secondary school. Lee and Chris also met with families to answer questions about life at secondary school.
- Our first school photographer visited.
- Children who had signed up received their annual **flu vaccination**. The staff involved all commented on the wonderful attitude and politeness of the children.
- Parents and carers in **Robin Class** attended a phonics information session to learn more about how reading is taught in school.
- We welcomed **Sam from Suffolk Recycling**, who spoke to pupils about recycling and sustainability.

Next week:

- Our second photography provider will be visiting the school. Once families have received both sets of photograph previews, we will seek feedback to help inform future decisions regarding school photography.
- **Finch Class** will welcome the **Oxford Learning Service** to support their science learning about hearing.

Thank you, as always, for your continued support. Have a wonderful week ahead.

Harvest Festival Reminder

Our **Harvest Festival** takes place Friday 16th October. Please send in any donations of non-perishable food items to support local community organisations. Thank you for your generosity.

Sleep Zzzzzzz

Does your child sometimes struggle to get to sleep, wake during the night or seem tired during the day?

Sleep plays an important role in children's learning, concentration, wellbeing and emotional regulation. We know that establishing healthy sleep routines can sometimes be challenging, so we have attached a helpful guide with practical tips and advice that families may find useful. We hope it provides some helpful ideas and support. If you need any further support, please do not hesitate to contact us.

Reminders

Please ensure children come to school with **suitable clothing** for the changing weather, including a coat when needed.

Thank you for helping to keep everyone safe by ensuring **scooters and bicycles are not ridden on the playground** before and after school.

School Photographs

As we currently have two photography providers booked this term, we will be taking the opportunity to compare the quality, service and value offered by each.

Once families have received **both sets of photograph previews**, we welcome feedback to help inform our decision about whether to continue with our current provider or move to the new photographer for future school photographs.

Diary Dates

7th October - Parents Evening 3:30-6:00pm
8th October - Parents Evening 3:30-6:00pm
7th & 8th October - Bikeability Year 5 & 6
19th October - Individual Photos
19th October - Art Show @ 2:00-3:00pm
21st October - EYFS Open Evening
22nd to 23rd October - Year 3 & 4 Residential
to Thorpe Woodlands

26th to 30th October Half Term

Super Learners

Robin -
Finch - Luna, Theo
Kingfisher - Aubrey, Harlan
Owl - Zeke, Olivia
Eagle - Mason

Attendance This Week

Robin: 100%
Finch: 87.65%
Kingfisher: 97.02%
Owl: 99.18%
Eagle: 96.83%

GUIDE TO ALLERGENS

Dinner Menu

Week Commencing 28th September

Monday	28.09.26 Very Nice Savoury Rice
Tuesday	Specials Today
Wednesday	Beef Roast with the most (W, E, Mi) Vegetarian Option
Thursday	Pepperoni Pizza Margherita Pizza (W, Mi)
Friday	Catch of the Day Hip-Hip Hooray Fish & Chips (F, W)

JACKET POTATO

Cheese (Mi)
Beans
Philadelphia
Cheese (Mi)
Butter (Vegan)

DESSERTS

Fresh Fruit Platter, Yoghurt,
Jelly
Daily where available

Homemade Dessert of the Day
Monday, Tuesday, Thursday

Friday—Real Fruit Lollies, Ice
Cream Tubs

ALLERGENS

GLUTEN

W - Wheat
O - Oats
B - Barley
R - Rye
SP - Spelt
GF - Gluten Free

ALLERGENS

P - Peanuts
TN - Tree Nuts
E - Eggs
SE - Sesame
S - Soya
Mi - Milk
CE - Celery
MU - Mustard
F - Fish
Mo - Molluscs
CR - Crustacea
L - Lupin

SCHOOL PACKED LUNCH

Bagels/Sandwiches/Wraps
(W)

FILLINGS

Cheese (Mi)/Ham/Philly
Cream Cheese (Mi)
BBQ Sausage (W)

SERVED WITH

Tortilla Crisps (W) or
Lentil Rings with
unlimited Sides, Salads &
Fruit & Dessert